North East Area Council Health Projects 2016-17









Contents

1.	North East Area Council Health Profile	3
2.	2016-17 Health Projects in Numbers	4
3.	Area Council Funded Projects	5
4.	Ward Alliance Funded Projects	7
5.	Active Volunteering Projects	11
6.	2016-17 Health Projects (summary)	12



North East Area Council Health Profile

Life expectancy

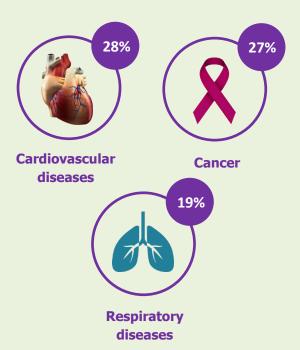


77 Years



80 Years

Causes of death



Risk factors contributing to deaths

18% Smoking

High blood pressure



2016-17 Health Projects in Numbers



£23,705

in funding towards Reds in the Community sports projects

Health Indicators met



sports projects funded

gardening clubs funded



2 2 4 2 volunteer hours

<u>active</u>



health projects funded





North East Area Council Projects

How do the North East Area Council's commissioned projects meet the Public Health Outcomes Framework?

Apprentices and Employability

Improving the wider determinants of health		
Objective	Objective 1: improvements against wider factors which affect health and wellbeing and health	
inequaliti	inequalities.	
1.05	16-18 year olds not in education, employment or training	

Biodiversity

Improving the wider determinants of health	
Objective 1: improvements against wider factors which affect health and wellbeing and health	
inequalities.	
1.16	Utilisation of outdoor space for exercise / health reasons
Health protection	
Objective 3: The populations health is protected from major incidents and other threats, whilst	
reducing health inequalities	
3.08	Fraction of mortality attributable to particulate air pollution

Fit Reds and Fit Me

	Improving the wider determinants of health	
Objective	Objective 1: improvements against wider factors which affect health and wellbeing and health	
inequaliti	es.	
1.16	Utilisation of outdoor space for exercise / health reasons	
Health improvement		
Objective 2: people are helped to live healthy lifestyles, make healthy choices and reduce health		
inequalities		
2.11	Diet	
2.12	Excess weight in adults	
2.13	Proportion of physically active and inactive adults	
2.23	Self-reported well-being	
Healthcare public health and preventing premature mortality		
Objective 4: Reduce numbers of people living with preventable ill health and people dying		
prematurely, whilst reducing the gap between communities		
4.13	Health-related quality of life for older people	



North East Area Council Projects

Foster Care Recruitment Drive

Health improvement	
Objective 2: people are helped to live healthy lifestyles, make healthy choices and reduce health	
inequalities	
2.08	Emotional well-being of looked after children

Private Sector Housing Management Officer

Improving the wider determinants of health	
Objective 1: improvements against wider factors which affect health and wellbeing and health	
inequalities.	
1.01	Children in low income families
1.15	Statutory homelessness
1.17	Fuel poverty
Health improvement	
Objective 2: people are helped to live healthy lifestyles, make healthy choices and reduce health	
inequalities	
2.23	Self-reported well-being

Qdos' SWAP Theatre Production (promoting a healthy lifestyle)

Health improvement		
Objective	Objective 2: people are helped to live healthy lifestyles, make healthy choices and reduce health	
inequaliti	inequalities	
2.06	2.06 Child excess weight in 4-5 and 10-11 year olds	
2.11	Diet	

Youth Development Fund

Improving the wider determinants of health		
Objective	Objective 1: improvements against wider factors which affect health and wellbeing and health	
inequalities.		
1.16	Utilisation of outdoor space for exercise / health reasons	
1.18	Social isolation	
Health improvement		
Objective 2: people are helped to live healthy lifestyles, make healthy choices and reduce health		
inequalities		
2.06	Child excess weight in 4-5 and 10-11 year olds	



How do Ward Alliance funded projects meet the Public Health Outcomes Framework?

Advice surgeries

 All four Ward Alliances have funded the Citizens Advice Bureau (CAB), Disability Information and Advice Line (DIAL), or both.

Improving the wider determinants of health		
Objective	Objective 1: improvements against wider factors which affect health and wellbeing and health	
inequaliti	ies.	
1.08	Employment for those with long term health conditions including adults with learning	
	disabilities	
1.09	Sickness absence rate	
1.15	Statutory homelessness	
	Health improvement	
Objective 2: people are helped to live healthy lifestyles, make healthy choices and reduce health		
inequalities		
2.23	Self-reported well being	
Healthcare public health and preventing premature mortality		
Objective 4: Reduce numbers of people living with preventable ill health and people dying		
prematurely, whilst reducing the gap between communities		
4.13	Health related quality of life for older people	

Annual Health Fayre

 Cudworth Ward Alliance fund, and host, an annual health fayre at the Cudworth Methodist Church.

Improving the wider determinants of health		
Objective	Objective 1: improvements against wider factors which affect health and wellbeing and health	
inequaliti	ies.	
1.18	Social isolation	
	Health improvement	
Objective 2: people are helped to live healthy lifestyles, make healthy choices and reduce health		
inequalities		
2.03	Smoking status at time of delivery	
2.11	Diet	
2.12	Excess weight in adults	
2.13	Proportion of physically active and inactive adults	
2.14	Smoking prevalence – adults (over 18s)	
2.17	Estimated diagnosis rate for people with diabetes mellitus	
2.19	Cancer diagnosed at stage 1 and 2	



2.23	Self-reported well-being	
2.24	Injuries due to falls in people aged 65 and over	
	Health protection	
Objective	Objective 3: The populations health is protected from major incidents and other threats, whilst	
reducing	reducing health inequalities	
3.03	Population vaccination coverage	
Healthcare public health and preventing premature mortality		
Objective	Objective 4: Reduce numbers of people living with preventable ill health and people dying	
prematurely, whilst reducing the gap between communities		
4.13	Health-related quality of life for older people	
4.14	Hip fractures in people aged 65 and over	
4.15	Excess winter deaths	

Events

 All four ward alliances have funded galas, proms, Christmas events and summer activities.

Improving the wider determinants of health		
Objective	Objective 1: improvements against wider factors which affect health and wellbeing and health	
inequalities.		
1.16	Utilisation of outdoor space for exercise / health reasons	
	Health improvement	
Objective	Objective 2: people are helped to live healthy lifestyles, make healthy choices and reduce health	
inequalities		
2.06	2.06 Child excess weight in 4-5 and 10-11 year olds	
2.11	Diet	
2.23	Self-reported well-being	

Gardening Clubs

• Each of the Ward Alliances have funded a variety of gardening clubs.

Improving the wider determinants of health			
Objective	Objective 1: improvements against wider factors which affect health and wellbeing and health		
inequaliti	inequalities.		
1.16	Utilisation of outdoor space for exercise / health reasons		
1.18	Social isolation		
Health improvement			
Objective 2: people are helped to live healthy lifestyles, make healthy choices and reduce health			
inequalities			
2.12	Excess weight in adults		
2.13	Proportion of physically active and inactive adults		
2.23	Self-reported well-being		



Health Education

- Monk Bretton Ward Alliance funded "Food Hygiene and First Aid" courses, and "Cook and Eat" sessions.
- North East Ward Alliance funded "Milefield Community Farm", which was set-up by Milefield Primary School to promote healthy eating.

Health improvement		
Objective 2: people are helped to live healthy lifestyles, make healthy choices and reduce health		
inequalities		
2.06	Child excess weight in 4-5 and 10-11 year olds	
2.11	Diet	
2.12	Excess weight in adults	
2.13	Proportion of physically active and inactive adults	

Mental Health Mural

Health improvement		
Objective 2: people are helped to live healthy lifestyles, make healthy choices and reduce health		
inequalities		
2.23	Self-reported well-being	
Healthcare public health and preventing premature mortality		
Objective 4: Reduce numbers of people living with preventable ill health and people dying		
prematurely, whilst reducing the gap between communities		
4.10	Suicide rate	

Socialising groups

- Cudworth Ward Alliance funded Men in Sheds, which is ran by Age UK to reduce social isolation.
- Monk Bretton Ward Alliance funded a Nit and Natter group.
- North East Ward Alliance funded "Shafton Aged Welfare" and "Shafton Community Fun Club".

Improving the wider determinants of health		
Objective 1: improvements against wider factors which affect health and wellbeing and health		
inequalities.		
1.18	Social isolation	
Health improvement		
Objective 2: people are helped to live healthy lifestyles, make healthy choices and reduce health		
inequalities		
2.23	Self-reported well-being	



Healthcare public health and preventing premature mortality

Objective 4: Reduce numbers of people living with preventable ill health and people dying prematurely, whilst reducing the gap between communities

4.13 Health-related quality of life for older people

Sports Clubs

- All of the Ward Alliances funded Us Girls, Street Games, or both.
- Cudworth Ward Alliance also funded Pinfold Pumas and the Hard and Fast Boxing Club.
- Monk Bretton Ward Alliance funded a table tennis club and RedFearns football club.

Improving the wider determinants of health			
Objective	Objective 1: improvements against wider factors which affect health and wellbeing and health		
inequalities.			
1.16	Utilisation of outdoor space for exercise / health reasons		
1.18	Social isolation		
Health improvement			
Objective 2: people are helped to live healthy lifestyles, make healthy choices and reduce health			
inequalities			
2.11	Diet		
2.12	Excess weight in adults		
2.13	Proportion of physically active and inactive adults		

Youth Clubs

- Monk Bretton Ward Alliance funded an Air Scouts group.
- North East Ward Alliance funded Cubs, Rainbows and Guides groups.

Improving the wider determinants of health		
Objective 1: improvements against wider factors which affect health and wellbeing and health		
inequalities.		
1.16	Utilisation of outdoor space for exercise / health reasons	
1.18	Social isolation	
Health improvement		
Objective 2: people are helped to live healthy lifestyles, make healthy choices and reduce health		
inequalities		
2.06	Child excess weight in 4-5 and 10-11 year olds	



Active Volunteering Projects

The North East Area Council and its four Ward Alliances have taken part in a variety of active volunteering projects. In this way, volunteers can improve their local community while keeping fit.



DIY

(photo: Hard and Fast Boxing Club)



Gardening

(photo: Milefield Community Farm)



Health centres

(photo: One Stop Shop)



Litter picking

(photo: The Great British Spring Clean)



2016-17 Health Projects

	Type of project	Project
Area Council	Apprentices and employability	Barnsley Community Build (BCB)
	Housing Officer	Private Sector HMO
	Sports club	Fit Reds and Fit Me
Area	Theatre production	Qdos' SWAP (healthy lifestyle)
	Well-being	Foster Care Recruitment
	Advice surgery	Citizens Advice Bureau (CAB)
		Galas and Proms
Cudworth Ward Alliance	Event	Christmas Events
		Summer activities
rd A	Fayre	Annual Health Fayre
Wal	Gardoning club	Robert Street Allotments
orth	Gardening club	Cudworth Environment Group
dwo	Socialising group	Men in Sheds (Age UK)
Cn	Sports club	Pinfold Pumas
		Hard and Fast Boxing Club
		Street Games
ce	Advice surgery	Citizens Advice Bureau (CAB)
lliar	Event	Galas and Proms
rd A		Christmas Events
Wal		Summer activities
ton	Gardening club	Adopt a Planter
Bret	Health Education	Food hygiene / first aid courses
Monk Bretton Ward Alliance		Cook and Eat Sessions
ž	Socialising group	Nit and Natter



North East Area Council

		Powling Club
	Sports club	Bowling Club
		Us Girls and Street Games
		Table tennis club
		RedFearns football club
	Youth club	Air Scouts
	Advice surgery	Citizens Advice Bureau (CAB)
a		Galas and Proms
anc	Event	Christmas Events
AIIi		Summer activities
/ard	Health education	Milefield Community Farm
st M	Cocialising group	Shafton Aged Welfare
h Ea	Socialising group	Shafton Community Fun Club
North East Ward Alliance	Sports club	Street Games and Fit Me
_	Theatre production	Qdos
	Youth club	Cubs, Rainbows and Guides
	Advice surgery	CAB and DIAL
	Art Project	Mental Health Mural Project
nce	Event	Galas and Proms
Allia		Christmas Events
ard /		Summer activities
N N	Gardening club	Adopt a Planter
Royston Ward Alliance		Allotments
		Canal Club
		Greenfingers
	Sports club	Street Games and Us Girls



North East Area Council